ADDICTIVE DISORDERS

INNOVATIVE APPROACHES
RECLAIMED LIVES

The Connection’s 2017 Conference
Monday, October 23 and Tuesday, October 24
Dear Conference Attendees,

I am pleased to welcome you to The Connection’s 2017 annual conference. This year’s topic is addiction, an issue at the current forefront of national attention due to the opioid crisis. We must not forget, however, that addiction has many faces, each of which has a potentially devastating impact on individuals, families, and entire communities. Moreover, as our work with vulnerable client populations at The Connection has demonstrated, trauma is often an untreated root cause of the entire spectrum of addictive disorders. Complex social problems like this require multi-modal, holistic solutions, and it is our hope that this conference will give you the opportunity to explore innovative treatment approaches for opioid and other substance addictions, while learning more about less-discussed but equally serious addictions such as gambling and internet addiction.

My sincere thanks to our speakers, sponsors, and attendees for helping us make a real difference in the lives of those we serve. I am so glad you are here, and we know that you will enjoy today’s sessions.

Best regards,

Lisa DeMatteis-Lepore
CEO
The Connection
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The opioid epidemic that is gripping the nation has brought focus to the importance of treating justice-involved persons with substance use disorders. Although there are varying estimates of prevalence, as many as 80 percent of justice-involved individuals may have a substance use disorder requiring treatment. Many of these individuals may have an opioid use disorder. In Connecticut, just over half of the accidental overdose deaths across the state are accounted for by persons who have at one time been incarcerated. Opioid use disorder is a disease and there are evidence-based treatments for it. This presentation discusses the application of evidence-based treatments for opioid use disorder in the Connecticut Department of Correction and in the nation’s correctional systems.

**Keynote Address**

8:45 – 9:30 am

**Treating Substance Use Disorders in the Correctional Population: Addressing the Challenge**

» Kathleen Maurer, MD

**Virtual Addiction**

9:45 - 10:45 am

» David Greenfield, PhD, MS

This lecture will address the theory, research, and clinical/treatment issues associated with internet addiction and internet use disorders. There will be a basic introduction to the etiology, neurobiology, epidemiology and clinical/treatment implications of managing this growing process addictions. Time permitting, some of the broader psychosocial and neurobehavioral aspects of the Internet as a mood-altering behavior and how the unique characteristics of the Internet promote compulsive use and addictive patterns, may be addressed.

**Breakout Sessions**

9:45 - 11:00 am

**Support, Care and Treatment: An In-home Approach to Obtaining Recovery**

» Allan Griffin

Allan Griffin will discuss his own recovery path from accomplished athlete to opiate addict and convicted felon. He was able to segue into treatment and an in-home approach through Aware Recovery Care. ARCC’s model offers all the care, support, and accountability that is needed in a person’s first year of recovery.

**The Changing Face of Eating Disorders**

» Margo Maine, PhD, FAED, CEDS

The “face” of eating disorders has changed dramatically in the past two decades. Most people still picture young Caucasian women when they hear terms like eating disorders and body image, but these conditions now occur across age, gender, race, ethnicity, class, culture, and place. Now appearing in diverse cultures, social spheres, genders, and developmental stages, from first world to developing countries, eating and body image disorders are under-diagnosed and under-served. This workshop describes the diversity of these problems, with special emphasis on the increasing numbers of adult women suffering from both clinical and subclinical eating disorders. Historically, body satisfaction increased with age, but today, 75 percent of midlife women express significant body distress and 13 percent report eating disorder symptoms, exceeding the incidence of breast cancer. Through a biopsychosocial lens, participants will understand the risk factors, varied presentation, and comorbidities related to eating disorders and will conceptualize the implications for prevention, outreach, treatment, and professional training.

**Yoga of 12-Step Recovery (Y12SR)**

» Martha Newbury, LMFT, RYT500, Y12SR

The Yoga of 12-Step Recovery (Y12SR) model is an innovative approach to recovery that addresses all aspects of one’s being. According to Y12SR’s founder Nikki Myers, “Yoga of 12-Step Recovery was created as a holistic model to address the physical, mental and spiritual disease of addiction.”

Y12SR meetings are typically comprised of two parts, including a brief yoga practice and a traditional 12-step meeting. Loosely following this model (and taking into consideration our venue), this workshop will start with a brief, gentle chair yoga immersion which will be designed to give participants an experience of how the yoga portion of a Y12SR meeting might be themed and crafted to accommodate all levels of recovery and yoga practice, from beginners on day one to those with more time in recovery and/or yoga. Given that this is a chair yoga practice, there is no need to bring or wear anything special.

During the second portion of the workshop we will explore what the 12-step portion of a Y12SR meeting might look like, and discuss how the respective philosophies of yoga and the 12-step model complement one another in providing a valuable practice that supports one’s overall recovery plan.

**Obtaining Recovery (Y12SR)**

» Allan Griffin

Allan Griffin will discuss his own recovery path from accomplished athlete to opiate addict and convicted felon. He was able to segue into treatment and an in-home approach through Aware Recovery Care. ARCC’s model offers all the care, support, and accountability that is needed in a person’s first year of recovery.
The Substance Abuse and Mental Health Services Administration (SAMHSA) defines recovery as "A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential." This presentation will provide an overview of the role of a recovery coach in this process. Its primary focus will be on recovery from addiction to drugs and alcohol.

By session’s end, attendees will be able to:
- Define what a recovery coach is and is not—“stay in your lane”
- Discuss the stages of recovery and stages of change—breaking the chain of denial
- Discover blocks to recovery—words matter, connection matters
- Bring it all together—recovery wellness planning, boundaries, and self care

The Biology of Addiction
- USDAN – ROOM 108
  Monday and Tuesday

Margaret Chaplin, MD

This session will address the biology of addiction with an emphasis on opioid use disorder. Dr. Chaplin will cover the underlying causes of addiction, the biological changes in the brain that support addiction and the pharmacological options available for treatment.

Disordered Gambling – The Hidden Addiction
- USDAN – ROOM 110
  Monday and Tuesday

Shirley Hoak, JD

Disordered gambling is often called the “Hidden Addiction.” Research shows an increased risk of a gambling disorder for persons with a co-occurring or mental health disorders. Rates of disordered gambling in offender populations are 10 times the rate of the general population. Unlike persons/offenders with drug and/or alcohol addictions, disordered gamblers can go through the entire behavioral health and criminal justice systems from intake to release without ever discussing or disclosing their gambling addiction. This results in lack of services and increased risk for relapse and re-offending. This workshop will be an interactive discussion with participants to increase awareness of problem gambling and treatment resources for disordered gamblers and their families within the agency and across the state. A brief video and client stories will be shared.

Open Source Recovery
- BECKHAM HALL
  Monday and Tuesday

Marc Bono, PsyD

This presentation will address the use of Medication Assisted Therapy (MAT) as a part of the continuum of care for the treatment of opiate addiction. The critical need to provide proper treatment for the physiological and psychological aspects of opiate addiction will be explored. The ramifications of this critical need will be reviewed in terms of use of residential treatment, outpatient treatment and detoxification. The proper use of opiate replacement therapy, including prescribing practices, collaboration between medical and clinical disciplines, the importance of addressing co-occurring disorders, and the treatment environment will be reviewed.

The Importance of Peer Supports in Addictions
- USDAN – ROOM 108
  Monday and Tuesday

Jennifer Sansabrin
Trisha Rios
Anderson Curtis
Sherrie Weaver, Facilitator

Advocacy 101 – What Does it Entail and Why Should I Care?
- USDAN – ROOM 110
  Monday and Tuesday

Daniela Giordano, MSW

This workshop will make the connection between personal/direct service advocacy and systems advocacy, supporting participants to see the importance of being informed about how to have their voices and their clients’ voices heard by decision makers such as legislators.

Participants will leave with a clearer appreciation for their work with individuals and the systems they have to function within, and the barriers as well as the opportunities that presents. A brief overview of CT’s legislative process and where there are opportunities to have input as constituents and voters, will increase participants’ levels of understanding and lessen levels of unease about the process.

Participants will have the opportunity to engage in brief discussions about how systems advocacy may be relevant in their daily work and how to take advantage of opportunities to change the conversation around addiction issues and use real life personal stories to influence policies.

A Holistic Approach to Health and Wellbeing
- BECKHAM HALL
  Monday and Tuesday

Hilary Bryant
Deron Drumm

Hilary and Deron will use their personal narratives to describe the healing power of mind-body practices. After years spent seeking to escape difficult emotions in unhealthy ways, Deron found inner peace and strength by intentionally incorporating holistic healing practices into his life, and Hilary found healing through yoga, meditation and intentional living after struggling with emotional distress for many years. The audience will be able to experience a fusion of yoga and qigong.
FEATURED PRESENTERS

Marc Bono, PsyD, is a licensed clinical psychologist and a co-owner of The Center for Compassionate Care Recovery in Madison, CT focusing almost exclusively on the treatment of opiate addiction. He works in an integrated way that certifies to prescribe Suboxone. His practice focuses on compassionate, dignified and recovery-oriented treatment. Screening, assessment and the treatment of co-occurring illnesses are routine components of the care provided. Dr. Bono is also the founder of the Office for Dual Recovery, a private practice and training organization specializing in the treatment of co-occurring disorders. In this capacity, he served as the Lead Trainer and Consultant on a statewide Integrated Dual Diagnosis Implementation Project for California. He has been an Associate Professor at two community colleges and has worked as the Director of Mental Health Services for Rushford Inc. in Meriden, CT. Dr. Bono is a frequent lecturer and trainer on co-occurring disorders. He was awarded a Doctorate in Psychology with an emphasis in Addictions Counseling from United States International University in San Diego, CA. Dr. Bono has been specializing in addiction treatment for over 20 years and has had a broad base of experience including work at The Betty Ford Center and as a Clinical Psychologist and a Drug and Alcohol Program Director for The Federal Bureau of Prisons.

Hilary Bryant is the director of Yoga by Advocacy Unlimited, a center for holistic healing and stress management, and is a 200-Hour Registered Yoga Teacher, currently pursuing her 300-Hour certification at Kripalu. After struggling with emotional distress for many years Hilary found healing through yoga, meditation and intentional living. In addition, Hilary is a Qigong Instructor, Reiki Master, Kripalu Yoga in the Schools Certified Teacher, Yoga for Twelve-Step Recovery Leader, Trauma-Informed Yoga Instructor and Life Force Yoga Practitioner. Hilary is passionate about bringing the healing power of yoga to as many people as she can.

Allan Griffin is the Clinical Outreach Manager at Aware Recovery Care, an in-home Addiction Treatment program that offers services throughout Connecticut and New Hampshire. Allan has been in recovery from addiction for over six years. Born and raised in Middlebury, Connecticut, he grew up a talented athlete with many friends and a loving family. His struggles began when he first started to smoke marijuana as a freshman in high school. Allan’s substance use continued to progress, eventually leading him to become addicted to heroin in his early twenties. After a painful recovery process, he was able to sustain long-term sobriety. Over the past six years, Allan has developed his career to the field of substance use disorders in a multitude of roles. Allan has been a leading voice at many opioid forums, schools and treatment centers throughout the state, carrying a solid message of hope and recovery. He lives with his beautiful wife and daughter in Durham, Connecticut.

Margaret Chaplin, MD, earned her undergraduate degree at Swarthmore College and her MD degree at Harvard Medical School. She completed an internship at Columbia and her Psychiatry Residency at the University of Massachusetts. Dr. Chaplin was certified by the American Board of Addiction Medicine in 2010 and became a Fellow of the American Society of Addiction Medicine in 2017. She has published numerous papers in Addiction and has several peer reviewed journals and has spoken about addiction at high schools and conferences locally and nationally.

Daniela Giordano, MSW, is the Public Policy Director for NAMI Connecticut and focuses on adult mental health with the goal of enhancing access to and quality of the continuum of community-based services, supports and housing for individuals and families impacted by mental health challenges across the state. She monitors relevant state legislation and coordinates advocacy activities (including outreach and public policy education) in collaboration with various stakeholder groups. Stakeholder groups include people with lived experience, community members, other advocacy groups and coalitions and direct service providers. Prior to focusing on public policy advocacy, Daniela spent several years in direct services as a case manager at a community mental health agency and had the opportunity to work with adults and adolescents living with mental health challenges. Daniela has a Master’s degree in Social Work from the University of Connecticut, with a concentration in policy practice.

Deron Drumm is the Executive Director of Advocacy Unlimited, Inc., and founder of Toivo, a center for holistic healing and stress management. He is a certified instructor of Holistic Stress Management, Tai Chi and Qigong. After years spent seeking to escape difficult emotions in unhealthy ways, Deron found inner peace and strength by intentionally incorporating holistic healing practices into his life.

Dr. David N. Greenfield, PhD, MS, is the founder of The Center for Internet and Technology Addiction and Assistant Clinical Professor of Psychiatry at the University of Connecticut School of Medicine where he teaches a course on Sexual Medicine and Internet Addiction and supervises in the psychiatry residency program. He is recognized as one of the world’s leading voices on internet and behavioral addiction and is author of Virtual Addiction, which rang an early warning bell regarding the country’s growing internet problem as well as numerous medical journal articles and book chapters; he also serves as an editor for numerous psychiatric and addiction journals. Dr. Greenfield lectures to public and medical groups throughout the world, and has appeared on CNN, Good Morning America, The Today Show, Fox News, ESPN, NPR and HBO. His work has been featured in U.S. News and World Report, Newsweek, People, Time, The Washington Post, The Wall Street Journal, and The Economist. He is widely credited with popularizing the variable ratio reinforcement schedule of process addiction and in behavioral addiction connection. His recent research and clinical work is focused on the neurobiology and psychology of behavior addiction, how the internet and technology use, behavioral addiction medicine, and compulsive smartphone use. He is a Fellow of the California Psychological Association, and a member of the American Society for Addiction Medicine and certified in Addictions by APA, College Professional Psychology, The Sexual Medicine Society of North America, and American Society for the Advancement of Pharmacotherapy. He received his doctorate in psychology from Texas Tech University and completed his post-doctoral fellowship in Clinical Psychology. He resides and maintains a medical psychology and addiction medicine practice in West Hartford, Connecticut.

Shirley Hoak, JD, ICCG-II, CPRS, is an internationally certified Gambling Counselor, and was the founding and current Manager II for the Better Choice program of the Connecticut, Inc in Middletown, CT. Better Choice is a gambling-specific treatment program for persons struggling with a gambling disorder and their families. She is also a person in recovery from a gambling addiction. Over the past five years, Shirley has promoted at state, regional and national conferences and is a sought-after speaker. She brings a unique perspective of treatment and recovery to her work. In her current position, she maintains an individual caseload and facilitates long-term recovery groups. Along with other projects and trainings, she is currently working on bringing about increased awareness and change in the criminal justice system on behalf of those suffering with a gambling addiction. She is the co-author of the Connecticut Department of Mental Health and Addiction Services’ training on Working with People Presenting Gambling Problems and Financial Issues in Behavioral Health.

Margo Maine, PhD, FAED, CEDS, is a clinical psychologist who has specialized in eating disorders and related issues for over 35 years. A Fellow of the American Psychological Association, and a member of the National Eating Disorders Association and Founding Fellow of the Academy for Eating Disorders, Dr. Maine is author of numerous books, including Pursuing Perfection: Eating Disorders, Body Myths, and Women at Midlife and Beyond, Treatment of Eating Disorders: Bridges to Recovery Practice Guide, Effective Clinical Practice in the Treatment of Eating Disorders, The Body Myth, Father Hunger, and Body Wars, and senior editor of Eating Disorders: The Journal of Treatment and Prevention. She is the 2007 recipient of the Lori Lane Award for Excellence in Eating Disorders Awareness and Education, and the 2014 recipient of the Don and Melissa Nielsen Lifetime Achievement Award, and the 2015 NEDA Lifetime Achievement Award. A member of the Renfrew Foundation Conference Committee, and their Clinical Advisory Board, Dr. Maine is a 2016 Honoree of the Connecticut Women’s Hall of Fame. She lectures nationally and internationally on eating disorders,coesive treatment for co-occurring eating disorder and private practice, Maine & Weinstein Specialty Group, in West Hartford, Connecticut.

Kathleen F. Maurer, MD is the Connecticut Department of Correction’s Director of Health and Addiction Services and Medical Director since assuming her current position in 2011, she was Assistant Medical Director at Correctional Managed Health Care, a division of the University of Connecticut Health Center that provides medical care to state inmates. She grew up in Connecticut and focuses on adult sexual health, in the role of correctional healthcare in the broader scope of public health such as in the treatment of Hepatitis C Virus infection in correctional settings, and in facilitating re-entry programs through integration of community and correctional healthcare. Several years ago she began working to expand Medicaid access to halfway house residents and to integrate Medicaid utilization management into offender medical care. Currently Dr. Maurer is the primary author of a system-wide medication-assisted therapy program for the Connecticut DOC. Dr. Maurer is the primary author of the monograph entitled “Hepatitis C in Correctional Settings: Challenges and Opportunities,” published by the American Correctional Association. She also is a member of the Institute of Medicine Committee charged with evaluating the feasibility of eliminating Hepatitis C Virus infection in correctional settings. Dr. Maurer earned her M.D. from Yale University School of Medicine. She also earned an MPH from Yale. She holds an MBA from the University of Minnesota.
FEATURED PRESENTERS

Connecticut and is board-certified in internal medicine, addiction medicine, and environmental medicine, and addiction medicine. She was recently awarded the Coalition of Correctional Health Authorities national award for leadership in Correctional Healthcare.

Martha Newbury, LMFT, RYT-500, is a Licensed Marriage and Family Therapist who has worked at The Connection for over 21 years and has a small private practice in Madison, Connecticut, where she uses a holistic (mind/body/spirit) approach in her work. Marty has a passion for learning and for bringing what she learns to others. Beyond her formal training as an LMFT she has explored a wide variety of trainings and certifications. She is a registered yoga teacher (RYT-500), certified as a Yoga of 12-Step Recovery (Y12SR) facilitator, and completed 60 hours of training in yoga applications for mental health. Additionally she is trained in Eye Movement Desensitization and Reprocessing (EMDR), Accelerated Resolution Therapy, Reiki (Reiki Master), and Energy Healing. In her professional life. After a successful twenty-year career in the public safety sector, Rob brought his training, education and experience to the non-profit sector. He has held a variety of direct service as well as senior management positions over the last 15 years for several major CT non-profits including The Connection, Inc. in which he was a senior director overseeing community justice programs. Until recently, he served as the Director of the Substance Abuse Action Council of Central CT, a program of CMHA which helps to build and sustain regional substance abuse prevention strategies in communities. Rob is a Certified Recovery Advisor for Aware Recovery Care, which provides in-home addiction treatment. He is also a Certified Recovery Coach Trainer in the nationally recognized CARAS model. Through Rob’s personal as well as professional experiences, he brings a unique perspective to addiction recovery and mental health education as well as recovery coaching. As a person in long-term recovery himself, he has experienced various approaches to finding sustained recovery and is a strong proponent of multiple pathways of recovery. He holds a Master of Science degree from the University of Hartford in Psychology.

Jennifer Sansabrinio is a graduate of the Hallie House and has remained an active member of the recovery community for over four years. She is a firm believer in peer support and the benefits of a 12 step fellowship in recovery himself, he has experienced various approaches to finding sustained recovery and is a strong proponent of multiple pathways of recovery. He holds a Master of Science degree from the University of Hartford in Psychology.

Jennifer Sansabrinio, a graduate of the Hallie House and has remained an active member of the recovery community for over four years. She is a firm believer in peer support and the benefits of a 12 step fellowship in recovery herself, Jennifer works full time in accounting and enjoys spending her free time with her family.

Program & Description

Bridgeport Neighborhood Trust (BNT) - Milestone
The Milestone housing program provides support for individuals over 65 who are homeless or who may be at risk of homelessness, with a particular focus for women veterans. The program provides stable, affordable housing and case management services to assist clients with the coordination of vocational, employment, financial, physical and mental healthcare, and social services.

Center for Treatment of Problem Sexual Behavior (CTPSB) - Adult
Assessment and treatment services for individuals convicted of sexual offenses with the goal of preventing future sexual abuse. Programs are collaborative effort with criminal justice and victim advocacy agencies.

Center for Treatment of Problem Sexual Behavior (CTPSB) - Juvenile
Assessment and treatment services for juveniles with the goal of preventing future sexual abuse. The program model is collaborative, inclusive of the youth’s family, probation and other involved systems.

Cochechan House
Cochechan House is a residential work-release program for men being discharged from the correctional system. The program provides self-reliance and self-sufficiency by providing them the resources to obtain employment, healthcare, and engage in continued education as they prepare to re-enter their communities.

Community Reporting Engagement Support and Training (CREST) Center
The CREST Center is a community-based day reporting program for adults involved in the criminal justice system who exhibit moderate impairment from a psychiatric condition, mental illness, or co-occurring disorder as an alternative to incarceration.

Connecting Children and Families (CCF)
Connecting Children and Families is a therapeutic foster care program which places children in the foster care system who have experienced significant trauma with loving stable homes and families. Children are placed with families who can provide stability and permanence for adoption or reunification.

Connection House
The Connection House is a men’s substance abuse residential treatment facility. The program helps clients achieve self-sufficiency with positive results by providing them with the resources to obtain employment, healthcare, and engage in continued education as they prepare to re-enter their communities.

Cornerstone
Cornerstone provides housing and psychosocial rehabilitation to adults with prolonged mental illness who are at risk of hospitalization or homelessness. The program is designed to serve clients in need of 24-hour support due to significant disabilities in social and daily living functioning.

Eddy Center
Eddy Center is a residential treatment center that provides intensive supervision, counseling and monitoring for adults as an alternative to incarceration. The program addresses individual client needs to help ease their transition back into the community and reduce the likelihood of criminal recidivism.

Eddy Shelter of Middlesex County
Eddy Shelter is the only emergency shelter available to single adults in Middlesex County. Shelter guests are provided with basic human needs for shelter including a warm bed and a hot shower along with links to community resources and referrals to end homelessness.

Hallie House for Women and Children
Hallie House is a residential substance abuse treatment program for pregnant or parenting women who desire to live a clean and sober life.

January Center
January Center is Connecticut’s first residential treatment center for problem sexual behavior. Assessment and treatment services for males convicted of sexual offenses are provided with the goal of preventing future sexual abuse.

Jefferson Commons
Jefferson Commons provides permanent supportive housing for families and individuals who suffer from some form of chronic mental disability or homelessness, are low income, and are able to live independently.

Logano Place
Logano Place is a housing program for homeless adult men and women who are actively working on their recovery from behavioral health and substance abuse issues.

Michael J. Perlin Center for Substance Abuse Intervention
Michael Perlin Center is a court-mandated program designed for first-time offenders who are given the opportunity to erase the arrest from their records upon successful completion of the program. It seeks, through an evidence-based approach of clinical intervention, to reduce the incidence of repeat or multiple offending.

THE CONNECTION SERVICE AREAS

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<th>Service Area</th>
<th>Town</th>
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<tbody>
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<tr>
<td>Behavioral Health</td>
<td>New London</td>
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(CJ = Community Justice    FSS = Family Support Services    BH = Behavioral Health)
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<thead>
<tr>
<th>Program &amp; Description</th>
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<th>Town</th>
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<td>Norton Court Supportive Ind...</td>
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<tr>
<td>Women's Recovery Support Program (WRSP)</td>
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**Program & Description**

**Service Area**

**Town**

**Mother’s Retreat**

Mother’s Retreat is a residential substance abuse treatment program for pregnant women or parents who desire to live a clean and sober life.

**Next Steps—Litchfield**

PILOTS Supportive housing program provides support for individuals or families who are homeless or who may be at risk of homelessness. Our programs provide safe, stable housing, case management services to assist clients with the coordination of vocational, employment, financial, physical and mental healthcare, and social services.

**Next Steps—Middlesex**

PILOTS Supportive housing program provides support for individuals or families who are homeless or who may be at risk of homelessness. Our programs provide safe, stable housing, case management services to assist clients with the coordination of vocational, employment, financial, physical and mental healthcare, and social services.

**Norton Court Supportive Independent Residences**

Norton Court is a scattered-site supportive housing program that provides case management and housing to adults diagnosed with chronic mental illness and supports clients to live successfully and independently within the community.

**Outreach & Engagement (Oke)**

Outreach and Engagement provides a range of community-based services in New Haven to homeless adults who are not engaged with needed services.

**Park Street Inn (PSI)**

Park Street Inn is a residential living center designed to meet the needs of adult individuals who have histories of multiple or prolonged hospitalizations due to mental illness, and who face complex challenges that complicate their recovery.

**Park Street Residence (PSR)**

Park Street Residence provides housing to individuals with mental illness or mental illness with co-occurring substance abuse.

**Park West**

Park West program provides supportive services to residents of the Park West complex, which includes case management services to assist clients who qualify with the coordination of vocational, employment, financial, physical and mental healthcare and social services.

**Pendleton House**

Pendleton House is a multi-tiered therapeutic residential program for homeless adults with a dual diagnosis of substance abuse and mental illness.

**Pilots Groton**

PILOTS Supportive housing program provides support for individuals or families who are homeless or who may be at risk of homelessness. Our programs provide safe, stable housing, case management services to assist clients with the coordination of vocational, employment, financial, physical and mental healthcare, and social services.

**Pilots Middletown**

PILOTS Supportive housing program provides support for individuals or families who are homeless or who may be at risk of homelessness. Our programs provide safe, stable housing, case management services to assist clients with the coordination of vocational, employment, financial, physical and mental healthcare, and social services.

**Re-Entry Assisted Community Housing (REACH)**

REACH supportive housing provides safe, stable housing for individuals re-entering the community from the correctional system. The program assists individuals with case management services and provides the supports necessary for independent living.

**Robert T. Wolfe Supportive Housing (Wolfe)**

Robert T. Wolfe Supportive Housing program provides support for individuals who are homeless or who may be at risk of homelessness and who have a dual diagnosis of mental illness and substance abuse.

**Roger Sherman House**

Roger Sherman House is a residential work release program for men being discharged from the correctional system.

The program helps clients achieve self-esteem with positive results by providing them with the resources to obtain employment, healthcare, and continue in education as they prepare to re-enter their communities.

**Rupeppo Manor Supportive Housing**

Rupeppo Manor Supportive Housing program provides support for individuals who are homeless or who may be at risk of homelessness and who have a dual diagnosis of mental illness and substance abuse.

Our program provides safe, stable housing, case management services to assist clients with the coordination of vocational, employment, financial, physical and mental healthcare, and social services.

**SIERRA Center Work Release**

SIERRA Center Work Release is a residential work release program for men being discharged from the correctional system. The program helps clients achieve self-esteem with positive results by providing them with the resources to obtain employment, healthcare, and engage in continued education as they prepare to re-enter their communities.

**SIERRA Pre-Trial Be-Interview Center**

SIERRA Pre-Trial program is a residential center for men awaiting trial with a focus on mental illness. The program serves clients diagnosed with mental illness and the majority also have co-occurring substance use diagnosis.

**Supportive Housing Program for Families (SHF)**

The Supportive Housing for Families program provides families served by CT DCF with support services and access to safe, quality, affordable and permanent housing. The program helps families become reunited with children who have been placed in foster care or prevents the placement of children in foster care by securing adequate housing and case management services to promote family stability.

**Supportive Housing Program (SHP)**

The Supportive Housing Program provides support for individuals or families who are homeless or who may be at risk of homelessness. Our programs provide safe, stable housing, case management services to assist clients with the coordination of vocational, employment, financial, physical and mental healthcare, and social services.

**The Better Choice Counseling Services**

The Better Choice counseling services are designed to provide specialized gambling treatment for substance abuse and mental health services for problem gamblers and their families.

**The Connection Counseling Center (TCCC)**

The Connection Counseling Centers provide the latest and most innovative substance abuse and mental health treatment services for adults and families including assessments, individual, and group therapy.

**The Start Program for Young Adults**

The Start Program provides homeless youth (ages 16-24) with emergency housing, temporary rental assistance and intensive support services to assist the youth in transitioning towards safe, stable housing, and self-sufficiency.

**West Village**

West Village Supportive Housing program provides support for individuals who are homeless or who may be at risk of homelessness and who have a dual diagnosis of mental illness and substance abuse.

Our program provides safe, stable housing, case management services to assist clients with the coordination of vocational, employment, financial, physical and mental healthcare, and social services.

**Women’s Recovery Support Program (WRSP)**

Women’s Recovery Support Program is a voluntary substance use recovery and supportive housing program for single women.
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» You may attend the Breakout Session of your choice at 9:45 am, 11:15 am and 1:15 pm.

» Please be sure to sign out at the Usdan University Center registration area before leaving.

» A light breakfast is available between 8:00 and 8:45 am in the Usdan University Center café. Boxed lunches are available at the same location between 12:00 and 1:15 pm.

» CEs and CEUs from the National Association of Social Workers and Connecticut Certification Board are available.

» You must silence your cell phones during the presentations.

» Smoking is not permitted in any building, but is permitted 25 feet from the perimeter of all university buildings.